

January

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
		1	2	3	4 SAIT - 5-6:30 MJ+P, JJ, JENNIFER AND MARINA	5 SAIT 8-11 - T1'S 11-11:15 - T1 FLEX 8-12 - T2 - T6 10-12 - PC
6 MOUNT ROYAL, 9- 12 9-10 - T4/5/6 FIGURES, S+K 10-11 - LAUREN, AMY, JJ 11-12 - M+K 10-12 - MJ+P, K+K	7 MOUNT ROYAL 6-8 - PC + ALL T1 6-9 - T2 - 6	8	9 MOUNT ROYAL 6-8:00 - TIER 1'S 8 - 8:15 - T1 FLEX 6-9:00 - T2-6	10	11 SAIT, 5 -6:30 ALL EXTRA ROUTINES	12 SAIT 8-11 - T1'S 11-11:15 - T1 FLEX 8-12 - T2 - T6 10-12 - PC
13 ABWG TRIALS ONLY T1-5 ELIGIBLE SWIMMERS - MOUNT ROYAL COLLEGE	14 MOUNT ROYAL 6-8 - PC + ALL T1 6-9 - T2 - 6	15	16 MOUNT ROYAL 6-8:00 - TIER 1'S 8 - 8:15 - T1 FLEX 6-9:00 - T2-6	17	18 SAIT, 5-6:30 ALL EXTRA ROUTINES SOUTH TRIALS - TALISMAN CENTRE TIER 6 ONLY	19 SAIT 8-11 - T1'S 11-11:15 - T1 FLEX 8-12 - T2 - T5 10-12 - PC SOUTH TRIALS - TIER 6 ONLY
20 SOUTH TRIALS - TIER 6 ONLY	21 MOUNT ROYAL 6-8 - PC + ALL T1 6-9 - T2 - 6	22	23 MOUNT ROYAL 6-8:00 - TIER 1'S + PC (MAKE-UP PRACTICE) 8 - 8:15 - T1 FLEX 6-9:00 - T2-6	24	25 SAIT, 5-6:30 JENNIFER, MARINA, LAUREN, K+K, AMY, M+K	26 SAIT 8-11 - T1'S 11-11:15 - T1 FLEX 8-12 - T2 - T6 10-12 - PC
27 MOUNT ROYAL, 9- 12 9-10 - TIER 2/3 FIGURES	28 MOUNT ROYAL 6-8 - PC + ALL T1 6-9 - T2 - 6	29	30 MOUNT ROYAL 6-8:00 - TIER 1'S 8 - 8:15 - T1 FLEX 6-9:00 - T2-6	31		

2008

February

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
					1 MC INVITATIONAL TALISMAN CENTRE ALL TIERS	2 MC INVITATIONAL NO PRE-COMP
3 MC INVITATIONAL	4 MOUNT ROYAL 6-8 - PC + ALL T1 6-9 - T2 - 6	5	6 MOUNT ROYAL 6-8:00 - TIER 1'S 8 - 8:15 - T1 FLEX 6-9:00 - T2-6	7	8 SAIT, 5-6:30 JENNIFER, MARINA, M+K, AMY, K+K, K+S	9 SAIT 8-11 - T1'S 11-11:15 - T1 FLEX 8-12 - T2 - T6 10-12 - PC
10 MOUNT ROYAL 9 - 10:30 - MJ+P 10:30 - NOON - JJ 11-12 - LAUREN	11 MOUNT ROYAL 6-8 - PC + ALL T1 6-9 - T2 - 6	12	13 MOUNT ROYAL 6-8:00 - TIER 1'S 8 - 8:15 - T1 FLEX 6-9:00 - T2-6	14 ABWG'S - LEDUC *T1-5 SWIMMERS THAT QUALIFY	15 SAIT, 5-6:30 ALL EXTRA ROUTINES ABWG'S - LEDUC	16 SAIT 8-11 - T1'S 11-11:15 - T1 FLEX 8-12 - T2 - T6 10-12 - PC ABWG'S - LEDUC
17 NO SWIMMING - FAMILY DAY WEEKEND ABWG'S - LEDUC	18 MOUNT ROYAL 6-8 - PC + ALL T1 6-9 - T2 - 6	19	20 MOUNT ROYAL 6-8:00 - TIER 1'S 8 - 8:15 - T1 FLEX 6-9:00 - T2-6	21	22 SAIT, 5-6:30 JENNIFER, MARINA, JJ, MJ+P	23 SAIT 8-11 - T1'S 11-11:15 - T1 FLEX 8-12 - T2 - T6 10-12 - PC
24 MOUNT ROYAL 9-10 - M+K, K+K 10-11 - AMY, K+S 11-12 - TIER 6 FIGURES, LAUREN	25 MOUNT ROYAL 6-8 - PC + ALL T1 6-9 - T2 - 6	26	27 MOUNT ROYAL 6-8:00 - TIER 1'S 8 - 8:15 - T1 FLEX 6-9:00 - T2-6	28	29 SAIT, 5-6:30 ALL EXTRA ROUTINES PROVINCIALS - KINSMAN CENTRE, EDMONTON TIER 6 ONLY	

2008

March

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
						1 SAIT 8-11 - T1'S 11-11:15 - T1 FLEX 8-12 - T2 - T5 10-12 - PC PROVINCIALS TIER 6 ONLY
2 PROVINCIALS TIER 6 ONLY	3 MOUNT ROYAL 6-8 - PC + ALL T1 6-9 - T2 - 5 TIER 6 OFF PC - STAR TESTS?	4	5 MOUNT ROYAL 6-8:00 - TIER 1'S 8 - 8:15 - T1 FLEX 6-9:00 - T2-6	6	7 SAIT, 5-6:30 JENNIFER, MARINA, M+K, AMY	8 SAIT 8-11 - T1'S 11-11:15 - T1 FLEX 8-12 - T2 - T6 10-12 - PC
9 MOUNT ROYAL 9-10 - T4/5 FIGURES, K+S 10-11:30 - MJ +P, K+K, LAUREN 11:00 - NOON - JJ	10 MOUNT ROYAL 6-8 - PC + ALL T1 6-9 - T2 - 6	11	12 MOUNT ROYAL 6-8:00 - TIER 1'S 8 - 8:15 - T1 FLEX 6-9:00 - T2-6	13	14 SAIT, 5-6:30, MJ+P AND JJ ONLY SOUTH TRIALS - LETHBRIDGE T1 - T5	15 SAIT 8-12 - TIER 6 10-12 - PC SOUTH TRIALS T1 - T5
16 SOUTH TRIALS - T1 - T5, PC PRESWIM?	17 MOUNT ROYAL 6-8 - PC + ALL T1 6-9 - T2 - 6	18	19 MOUNT ROYAL 6-8:00 - TIER 1'S 8 - 8:15 - T1 FLEX 6-9:00 - T2-6	20	21 SAIT, 5-6:30 ALL EXTRA ROUTINES	22 SAIT 8-11 - T1'S 11-11:15 - T1 FLEX 8-12 - T2 - T6 10-12 - PC
23 EASTER SUNDAY NO PRACTICE	24 EASTER MONDAY NO PRACTICE	25	26 MOUNT ROYAL 6-8:00 - TIER 1'S 8 - 8:15 - T1 FLEX 6-9:00 - T2-6	27	28 SAIT, 5-6:30 JENNIFER, MARINA, JJ, MJ+P, K+K	29 SAIT 8-11 - T1'S 11-11:15 - T1 FLEX 8-12 - T2 - T6 10-12 - PC
30 MOUNT ROYAL 9-10 - LAUREN, M+K 10-11 - AMY, K+S 11-12 - TIER 6 FIGS	31 MOUNT ROYAL 6-8 - PC + ALL T1 6-9 - T2 - 6					

2008

April

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
		1	2 MOUNT ROYAL 6-8:00 – TIER 1'S 8 – 8:15 – T1 FLEX 6-9:00 – T2-6 TIER 6'S LEAVE FOR WESTERNS	3 WESTERNS – WINNIPEG TIER 6 ONLY	4 SAIT, 5-6:30 ALL EXTRA ROUTINES WESTERNS	5 SAIT 8-11 – T1'S 11-11:15 – T1 FLEX 8-12 – T2 – T5 10-12 - PC WESTERNS
6 WESTERNS	7 MOUNT ROYAL 6-8 – PC + ALL T1 6-9 – T2 – 5 TIER 6 - OFF	8	9 MOUNT ROYAL 6-8:00 – TIER 1'S 8 – 8:15 – T1 FLEX 6-9:00 – T2-5 TIER 6 - OFF	10	11 SAIT, 5-6:30 JENNIFER, MARINA, M+K, AMY, K+S, LAUREN	12 SAIT 8-11 – T1'S 11-11:15 – T1 FLEX 8-12 – T2 – T6 10-12 - PC
13 MOUNT ROYAL 9-10 – MJ+P 10 – 11 – JJ 11-12 – TIER 6 FIGS 10:30 – 12 – K+K	14 MOUNT ROYAL 6-8 – PC + ALL T1 6-9 – T2 - 6	15	16 MOUNT ROYAL 6-8:00 – TIER 1'S 8 – 8:15 – T1 FLEX 6-9:00 – T2-6	17	18 WILDROSE CLASSIC – SHERWOOD PARK T1- 5 ONLY	19 WILDROSE CLASSIC NO PRE-COMP OR TIER 6
20 WILDROSE CLASSIC	21 MOUNT ROYAL 6-8 – PC 6-9 – TIER 6 TIER 1-5 OFF	22	23 MOUNT ROYAL 6-8:00 – TIER 1'S 8 – 8:15 – T1 FLEX 6-9:00 – T2-6 LAST DAY W/ ARYSTA	24	25 SAIT, 5-6:30 M+K, LAUREN, JENNIFER, MARINA, K+K	26 SAIT 8-11 – T1'S 11-11:15 – T1 FLEX 8-12 – T2 – T6 10-12 - PC
27 MOUNT ROYAL 9-10:30 – MJ+P 10-11 – JJ 11-12 - AMY 10:30 – 12 – K+S	28 MOUNT ROYAL 6-8 – PC + ALL T1 6-9 – T2 - 6	29	30 MOUNT ROYAL 6-8:00 – TIER 1'S 8 – 8:15 – T1 FLEX 6-9:00 – T2-6			

2008

May

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
				1	2	3 SAIT 8-11 – T1'S 11-11:15 – T1 FLEX 8-12 – T2 – T6 10-12 - PC
4 MOUNT ROYAL ALL EXTRA ROUTINES	5 MOUNT ROYAL 6-8 – PC + ALL T1 6-9 – T2 - 6	6	7 MOUNT ROYAL 6-8:00 – TIER 1'S 8 – 8:15 – T1 FLEX 6-9:00 – T2-6	8	9	10 CLUB WATERSHOW AT SAIT AND CLUB PHOTOS?
11 MOUNT ROYAL ALL EXTRA ROUTINES	12 MOUNT ROYAL 6-8 – PC + ALL T1 6-9 – T2 - 6	13	14 MOUNT ROYAL 6-8:00 – TIER 1'S 8 – 8:15 – T1 FLEX 6-9:00 – T2-6	15	16	17 SAIT 8-11 – T1'S 11-11:15 – T1 FLEX 8-12 – T2 – T6 10-12 - PC
18 MOUNT ROYAL ALL EXTRA ROUTINES	19 MOUNT ROYAL 6-8 – PC + ALL T1 6-9 – T2 - 6	20	21 MOUNT ROYAL 6-8:00 – TIER 1'S 8 – 8:15 – T1 FLEX 6-9:00 – T2-6	22	23	24 SAIT 8-11 – T1'S 11-11:15 – T1 FLEX 8-12 – T2 – T6 10-12 - PC
25 MOUNT ROYAL ALL EXTRA ROUTINES	26 MOUNT ROYAL 6-8 – PC + ALL T1 6-9 – T2 - 6	27	28 MOUNT ROYAL 6-8:00 – TIER 1'S 8 – 8:15 – T1 FLEX 6-9:00 – T2-6	29 MASY – REGINA T1 – 5 ONLY *ARRIVE IN REGINA THURS. MORNING	30 MASY – REGINA T1 – 5 ONLY	31 MASY – REGINA T1 – 5 ONLY SAIT, 8-12 8-12 – MJ+P, JJ 9-12 – TIER 6

2008

June

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
1 MASY – REGINA T1 – 5 ONLY	2 MOUNT ROYAL 6-8 - PC 6-9 – TIER 6 ONLY	3	4 MOUNT ROYAL, 6-8, TIER TESTING PRACTICE, TIER 1-5 ONLY TIER 6 GROUP LEAVES FOR ESPOIR (NATIONALS) **LEAVE IN THE MORNING	5 ESPOIR – EDMONTON TIER 6 ONLY	6 ESPOIR – EDMONTON TIER 6 ONLY	7 ESPOIR – EDMONTON TIER 6 ONLY
8 ESPOIR – EDMONTON TIER 6 ONLY	9 MOUNT ROYAL 6-9 – TIER 1-5 6-8 - PC TIER TESTING PRACTICE TIER 1-5 AND PC	10	11 MOUNT ROYAL 6-9 – TIER 1-5 6-8 - PC TIER TESTING PRACTICE, TIER 1-5 AND PC	12	13	14 SAIT, 8-12 PC +T1-5 TIER TESTING PRACTICE AND TESTING DAY CLUB PARTY IN THE AFTERNOON?
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

2008